

The Virginia Nursing Home Survival Guide

**APPENDIX F — GERIATRIC CARE MANAGERS**

Barbara Adams / Choices for Aging Falls Church / 703-241-4100 <a href="http://www.choicesforaging.com">www.choicesforaging.com</a>
Kathleen Allen / Senior Care Management Services, LLC Alexandria / 703-329-0900 <a href="http://www.seniorcarems.com">www.seniorcarems.com</a>
A. Alston / Family Management Services, Inc. Fairfax / 703-352-3013 <a href="http://www.familymgmt.com">www.familymgmt.com</a>
Linda Aufderhaar / Senior Care Associates Fairfax / 703-502-0240 <a href="http://www.seniorcare-associates.com">www.seniorcare-associates.com</a>
Donna Barrette / Generation Solutions Lynchburg / 434-455-6500
Judith Burkitt / GeriatricCare Management, Inc. Arlington / 703-538-5342 <a href="http://www.geriatricare.com">www.geriatricare.com</a>
Kate Caldwell / ElderTree, LLC Sterling / 703-220-8846 <a href="http://www.eldertreecare.com">www.eldertreecare.com</a>
Shannon Campanelli / Ann O'Neil & Associates Falls Church / 703-237-9048
Marva Davis / Adult Companion Care Alexandria / 703-549-7894

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Gale Davis / Senior Connections Richmond / 804-343-3056 <a href="http://www.seniorconnections-va.org">www.seniorconnections-va.org</a>
Barbie DeVellis / Generation Solutions Roanoke / 540-776-3622
Margaret Duffy Virginia Beach / 757-460-5885
Laurie Duncan / Choices for Aging Falls Church / 703-241-4100 <a href="http://www.choicesforaging.com">www.choicesforaging.com</a>
Marilyn Fall / Elder Care at Home, Inc. Virginia Beach / 757-464-4800 <a href="http://www.geriatriccaremanagement.net">www.geriatriccaremanagement.net</a>
Marsha Grant / Cleansing Water, Inc. Warrenton / 540-341-0212
Marjorie Harper / ElderLink Options for Caregiving Fairfax / 703-324-5376
Helen Hipps Reston / 703-502-0240
Janet Horgen / Home Management Services, Inc. Arlington / 703-838-0038
Rhoda Hurst / By Your Side Home Health, Inc Blacksburg / 540-765-7369
Jane Kallio / Jewish Family Services Richmond / 804-282-5644
Norah Knutsen / Mature Options, Inc. Glen Allen / 804-282-0753

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Clare Krell / Jewish Family Service of Tidewater Norfolk / 757-489-3111
Joan Mitchell / Care Management for the Elderly Yorktown / 757-865-7159
Louise Mohardt / Geriatric Support Services Lancaster / 804-462-7730 <a href="http://www.geriaticsupportservices.com">www.geriaticsupportservices.com</a>
Constance O'Connor / GeriatricCare Management, Inc. Arlington / 703-524-0752 <a href="http://www.geriaticcare.com">www.geriaticcare.com</a>
Ann O'Neil / Ann O'Neil & Associates Falls Church / 703-237-9048 <a href="http://www.annoneil.com">www.annoneil.com</a>
Deborah Ogren / Family Centered Resources, Inc. Newport News / 757-596-3941 <a href="http://www.fcr-inc.com">www.fcr-inc.com</a>
Lundi Palmer / Advocates, Inc. Charlottesville / 434-293-4508
Barbara Payne / ElderCare Strategies, Inc. Ashburn / 703-723-3737 <a href="http://www.eldercarestrategiesinc.com">www.eldercarestrategiesinc.com</a>
Sarah Petrick / Aging Gracefully Alexandria / 703-402-0800
Mary Jo Reed / Rehab Inovations Fincastle / 540-473-8699

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Maureen Reilly / Assistance for Seniors, Inc.  
Vienna / 703-319-8787  
[www.assistanceforseniors.com](http://www.assistanceforseniors.com)

Vanessa Rosengart-Bishop / Elder Care Consultants, Inc.  
Reston / 703-904-0191  
[www.eldercc.com](http://www.eldercc.com)

Patricia Simpson / Care Connections of VA, LLC  
Warrenton / 540-347-4181

Stephanie Smith / Senior Advocate, LLC  
Williamsburg / 757-897-3075  
[www.senioradvocate.net](http://www.senioradvocate.net)

Stephanie Thomopoulos / GeriatricCare Management, Inc.  
Alexandria / 703-313-6114  
[www.geriatricare.net](http://www.geriatricare.net)

Lana Wingate / Care Options for the Elderly & Disabled  
Williamsburg / 757-259-5949  
[www.annoneil.com](http://www.annoneil.com)

Emilie Worrall / Independent Aging Resource Center, LLC  
Charlottesville / 434-296-8916